

## How can I connect with RISE?

All you need to do is phone the Intake team at Junction Support Services.

They will arrange a phone or face-to-face appointment to gather basic information.

A counsellor will then contact with you and make an appointment.

Together you will explore your concerns, goals and readiness for counselling.

Junction Support Services,  
Intake team, on 02 6043 7400

*If you are in immediate danger, call 000*



[junction.org.au/rise](http://junction.org.au/rise)

# RISE

**RISE is an inclusive program.**  
**Junction Support Services and the**  
**Australian Childhood Foundation are safe places**  
**and respectful environments.**

### Find out more:

Junction Support Services,  
Intake team  
02 6043 7400  
[junction.org.au/rise](http://junction.org.au/rise)



We acknowledge the Traditional Custodians of the land on which we work and live, and recognise their continuing connection to the land, water and community. We pay respect to Elders past, present and emerging.



We welcome Lesbian, Gay, Bisexual, Transgender, Intersex, Queer and Asexual (LGBTIQ+) people.



Interpreters are available.

[junction.org.au/rise](http://junction.org.au/rise)

# RISE

**Healing, hope**  
**and recovery**  
**after family**  
**violence**



**Have you or someone you know**  
**experienced family violence?**  
**RISE offers free, safe and confidential**  
**counselling and support**



## What is family violence?

Family and domestic violence is any violent, threatening, coercive or controlling behaviour that occurs in current or past family, domestic or intimate relationships.

This includes physical injury and also direct or indirect threats, sexual assault, emotional and psychological torment, economic control, damage to property, social isolation and any behaviour which causes a person to live in fear.

Violence can occur in any kind of relationship, including same sex relationships, against older people and people with a disability.

## What is RISE?

RISE stands for **Recovery, Individual Safety and Empowerment**. The RISE program is for anyone who has experienced family violence.

RISE addresses the impacts of family violence to ensure children and families are safe, heal from their experiences of violence and develop resilience for the future. Free, safe and confidential, RISE is for:

- Children and young people
- Women
- Men
- People of all ages
- People of all cultural backgrounds
- LGBTIQ+ people

## Who runs RISE?

Funded by the Victorian Government, RISE is a partnership between two not-for-profit organisations — Junction Support Services and the Australian Childhood Foundation.

Junction is based in Wodonga and has been changing lives for 30 years.

The Australian Childhood Foundation is a national charity that has a specialist team to support children and young people in the Ovens-Murray Region.



We acknowledge the support of the Victorian Government



## How does RISE work?

RISE offers therapeutic support and counselling for local people who have experienced family violence.

Participants are supported by experienced counsellors from Junction Support Services and the Australian Childhood Foundation.

RISE uses a diverse range of therapies and support can be individual, dyadic (parent-child) or in a group setting.

**Wodonga**  
**Wangaratta**  
**Beechworth**  
**Rutherglen**  
**Yackandandah**

**Tallangatta**  
**Corryong**  
**Mt Beauty**  
**Bright**  
**Tawonga**

If your town is not listed here, please call us on  
02 6043 7400

## Child safety

*Junction Support Services and the Australian Childhood Foundation are Child Safe organisations.*



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